

<h2>Mate I</h2>	
<p>Mate I Class is designed for beginner sailors with some sailing experience and primarily sail Optimist prams (Optis). The class teaches the fundamentals of on-the-water safety, seamanship, and terminology. Sailors learn basic sailing skills including, steering through all points of sail, docking, correct body positioning, and knot tying. Sailors should be ready to sail alone in the boat. It is not required that sailors know how to sail upon arrival. Skill building and fun are at the core of the curriculum, with fun drills and games performed on and off the water. Sailors usually spend at least two sessions in this class and must demonstrate mastery of the objective skills, as well as comfort and proficiency sailing alone before they advance to Mate class. The age of students is typically 8-11.</p> <p>Members-\$308 per two week session-----\$950 for full 8 weeks Non-Members-\$350 per two week session-----\$1260 for full 8 weeks</p>	<p>M, T, W*, Th, F 8:15am - 10:00am * Voluntary learn-to-race class</p>
<h2>Mate II</h2>	
<p>Mate II class is for sailors who have shown a proven ability to sail an opti completely on their own including leaving the dock, sailing upwind and downwind, tacking and gybing, and then returning safely to the dock. The class focuses on overall seamanship while sailing alone. Sailors gain confidence through time on the water and develop proficiency in rigging, steering, sail control, sailing through all points of sail, capsize recovery, rigging, knot tying, navigation rules, and racing. Optimists are the primary boats used in this class, but other boats may be used as well. Sailors usually spend two sessions in Mate and must demonstrate mastery of objective skills before moving on. They must also show maturity, sportsmanship and a basic interest in racing if they want to advance to the Opti Race Team. If they prefer recreational sailing, they may advance to Adventure Sailing. The age of students is typically 9-13. Early dismissal is available for students attending Woods Hole Science School.</p> <p>Members-\$330 per two week session-----\$1122 for full 8 weeks Non-Members-\$413 per two week session-----\$1485 for full 8 weeks</p>	<p>M, T, W*, Th, F 10:15am -12:15pm * Voluntary learn-to-race class</p>
<h2>Opti Race</h2>	
<p>The Opti Race Team is a select group of sailors who are interested in participating in area Optimist regattas. Students are taught racing tactics, strategies and rules, as well as rigging, sail trim, and boat setup techniques to optimize boat speed and racing success. Team members travel together to area regattas and help host an annual Unkie regatta at Quissett Harbor. Sportsmanship and the Corinthian spirit are central to the instruction and the team culture. Regular attendance and participation in races is expected. Parents are expected to help transport racers and equipment. Sailors must demonstrate overall maturity and sportsmanship as well as mastery and effort toward improving in the objective skills before they can advance to 420 I and eventually the 420 Jr. Race Team. Sailors who outgrow the Optimists and are not interested in continuing to race, can progress to Adventure Sailing II.</p> <p>4 week sessions "July" -weeks 1-4 and "August" weeks 5-8 Members-One session: \$858, two sessions:\$1458 Non-members- One session:\$1073, two sessions: \$1930</p>	<p>M, T, W, Th, F 1:30pm - 4:30pm</p>

Intro to 420	
<p>420 I is a class for experienced sailors who are interested in learning to sail 420's. Most sailors will have come from either the Mate class or Opti Race team and have outgrown the Optimist. The class teaches the fundamentals of sailing as skipper and crew in double-handed boats including terminology, rigging, boat handling, capsized recovery, on-the-water safety, docking, trapping in varied weather conditions. Instruction in knot tying, basic weather patterns and navigation will build on knowledge gained in previous classes. The age of students in this class is typically 12-15. Younger and smaller students will need permission from the instructor to participate.</p> <p>Members-\$308 per two week session-----\$1045 for full 8 weeks Non-members- \$385 per two week session-----\$1386 for full 8 weeks</p>	<p>M, T, W, Th, F 8:15am - 10:00am</p>
420 Jr. Race	
<p>420 Jr. Race Team is a beginning race team for experienced sailors who have completed 420 I and have mastered basic 420 rigging, skippering and crewing, docking, capsized recovery, and trapping techniques. The Jr. Race Team focuses on rigging and sail trim, skipper and crew teamwork, trapeze and spinnaker skills, as well as basic racing rules and tactics. Sailors will gain experience racing as both crew and skipper. The class is designed to teach and practice the importance of preparation for training and regattas, teamwork and seamanship. Team members will represent QYC at several local regattas a season. Sportsmanship and Corinthian spirit are central to the instruction and team culture. Parents are expected to help transport racers and equipment. Sailors must demonstrate overall maturity and sportsmanship as well as mastery and effort toward improving in the objective skills before they can advance to the 420 Race Team. Sailors not interested in joining the Race Team can remain on the Jr. Race Team or move to Adventure II.</p> <p>4 week sessions "July"-weeks 1-4 and "August" weeks 5-8 Members- one session: \$704, two sessions: \$1199 Non-members- one session: \$880, two sessions \$1584</p>	<p>M, T, W, Th, F 10:15am –12:15pm</p>
420 Race	
<p>The 420 Race Team is a select group of sailors who are dedicated to racing 420s. Sailors must have participated on the 420 Jr. Race Team class and have demonstrated competency and commitment to join the 420 Race Team. The class is designed to teach and practice the importance of preparation for training and regattas, including rigging, sail trim and boat setup techniques to optimize boat speed, teamwork and seamanship. Team members will represent QYC in team and fleet races at area yacht clubs. Sportsmanship and Corinthian spirit are central to the instruction and team culture. It is recommended that sailors organize skippers/crew prior to joining the team and be flexible, with the understanding that the club is not responsible for organizing race pairs for individual regattas. Parents are expected to help transport racers and equipment. See additional information below.</p> <p>4 week sessions- "July"-weeks 1-4 and "August" weeks 5-8 Members- one session: \$858, two sessions \$1458 Non-members- one session: \$1073, two sessions \$1930</p>	<p>M, T, W, Th, F 1:30pm-4:30pm</p>