

QYC Jr Sailing Small Group Protocol and Code of Conduct for Semi Private Lessons

This following will be new to all involved. Sailors and families must read the following together to ensure everyone understands the expectations required to help us maintain a safe environment for all.

The following will be revised during the QYC Jr Sailing Orientation scheduled prior to the start of class.

SAILING PROTOCOL

Class will be canceled due to foul weather. The instructor will text parents 1 hour prior to class if the class is canceled.

Before Lesson

Sailor and Parent receive email or posting of lesson plan for the next days activities. Parents please be sure your sailor reviews and understand the lesson for the upcoming class.

Parents complete the daily health assessment by answering novel coronavirus/COVID-19 screening questions and taking the sailors temperature prior to arriving at the lesson.

No sailor is allowed to exit a car and participate in a lesson without completing the daily required screening. **NO EXCEPTIONS.** If you are feeling sick stay at home. If you answer yes to any of the screening questions keep your child at home and contact the Falmouth Health Office.

Drop Off

Sailors and parents in the car arrive at drop off wearing a face mask.

Parents drive into the Harbor House driveway loop around the circle and stop at the top of the beach stairs. Sailors and parents remain in the car until the Program Director or Assigned Volunteer has verified the prescreening completion.

Quentin gives the ALL CLEAR and the student may get out of the car. Parents must stay in the car and drive off the property. Please no extra communication or congregating on the property. All communication with the instructor should happen via text or phone.

Sailors proceed down the beach to the Opti float with masks on and maintain a minimum of 6 feet of distance from each other. The Program Director shadows sailors in powerboat as they walk to the Opt Float.

The Program Director ferries sailors 1 at a time to Opti Dock/ or sailor swims to float

After each sailor is on the Opti dock, sailors will flip and place boats in the water. At times an instructor in training will be available to help with flipping boats.

Once the boat is physically in the water the student will rig their boat. Once the boats are rigged sailors will be allowed to sail to designated waiting area.

When all boats are rigged and sailing around the designated waiting area the lesson will begin.

End of Lesson and Pick Up

Sailors sail to designated waiting area and the Program Director docks on Opti float.

One at a time sailors put back on face mask/PPE and leave waiting area to dock on the Opti float.

Sprit is removed, mainsheet is unclipped, sail tie-down line is undone, sail is removed and placed on dock to be rolled by sailor. Rudder is then removed and put in the rack. Daggerboard is then removed and put in the rack.

Each piece of equipment is cleaned and disinfected before being put away. Cleaning, disinfecting, and additional materials used will be bagged and removed from the float area via the coach boat.

Next boat approaches the float, de-rigging process is repeated. 1st boat is pulled onto dock with sailor (mostly Quentin) and flipped and put on rack.

Once each sailor's boat is on the rack they will roll their sail and then move to the upwind side of the dock and wait (1st sailor goes to powerboat bow, 2nd to starboard corner of float, 3rd to port corner). 2nd boat is pulled onto float, flipped, and put onto rack. 3rd boat approaches float and is de-rigged. 3rd boat is pulled onto float, flipped, and de-rigged. 4th boat approaches float and is de-rigged. 4th boat is pulled onto float, flipped, and put on rack. 5th boat approaches dock and is de-rigged.

Quentin then ferries first three sailors one at a time off of float to beach.

5th boat is pulled onto float, flipped, and put on the rack. 6th boat approaches dock and is de-rigged. 6th boat is pulled onto float, flipped, and put on rack.

Quentin ferries the rest of sailors one at a time to the beach.

Sailors walk down beach shadowed by Quentin in powerboat. (An instructor in training may escort the kids to the pick up area when available).

Quentin docks briefly to see sailors depart the property. There will be NO DEBRIEF. Parents will arrive in their cars with masks on and remain in their cars as sailors get in. All questions and comments for Quentin will be discussed via phone or text.

Quentin returns to opti dock to do a thorough final disinfection of equipment and boats.

Quentin puts powerboat back on mooring and shuts down property.

Ideally before 7pm Quentin will send out debrief from the day's sailing including lesson plan for the next day's lesson.

CODE OF CONDUCT

QYC Sailing is committed to providing sailors opportunities to learn by doing and experience personal success. We strive to promote self-confidence, decision-making and social skills, and environmental awareness in each sailor. Our philosophy focuses on the need and growth of both the individual and the overall group. In order to maintain a positive and safe environment, our sailors are expected to follow this code of conduct. Please sign and date the bottom of this document.

Be respectful by...

- treating others as I would like to be treated with respect and courtesy.
- openly listening to others thoughts and opinions.
- not taking part or leading any bullying, harassment, name calling, unwanted teasing or exclusion of others.
- respecting other's belongings and equipment/supplies.
- Respecting the environment; beaches, paths, woods, ocean, air.

Be responsible by...

- wearing appropriate clothing/shoes to each day.
- informing instructors of challenges you have with another sailor, activity, or other situation. If instructor is not informed, they may not be able to stop the problem or provide assistance.
- leaving my cell phone or other electronic devices at home.
- accepting personal responsibility for my actions.

Be positive by...

- communicating appropriately, which excludes the use of foul language, gestures, harsh words, or slurs.
- actively showing support to the activities, sailors, volunteers, and instructors.

Be committed by...

- having fun, learning, making new friends, and having new positive experiences.
- challenging myself to actively participate in all of the lessons and activities.
- staying with my group and designated wait areas.

Be safe by...

- following (and encouraging others to follow) all rules and regulations provided by instructors and/or the property that are being utilized.
- refraining from deliberately causing bodily harm. I understand that pushing, hitting, kicking, and fighting are not acceptable behaviors and will not be tolerated.
- Following all the COVID-19 Guidelines listed below

****Important COVID_19 Rules & Requirements****

Social Distancing

Parents and students are encouraged to use email, phone, or text to communicate with instructors.

Face coverings are required for parents dropping off and picking up sailors. Face coverings are required for all sailors while on land and floats/docks. Face coverings are required in public areas where Social Distancing is Not Possible to prevent against the transmission of COVID-19.

There will be no use of indoor spaces. No access to Sail Deck or Harbor House buildings.

Hygiene Protocols

Hand washing or alcohol-based hand sanitizers must be used at the beginning and end of all activities.

Parents are required to complete the required daily COVID-19 questionnaire prior to arriving at class.

Sailors will not attend class if they are feeling sick or with fever within the last 36 hours.

Parents are required to “arrive, drop off, and leave” - no congregating or loitering before or after the activity.

As a QYC sailor, I understand that this experience is for ALL involved, and if my behavior is deemed to be outside the code of conduct and/or unmanageable, any of the following may be a result:

- Verbal counseling from instructor or QYC Committee Chair
- Timeout from scheduled activities and lessons
- Documentation and Parent/Guardian notification
- Parent/Guardian conference
- Suspension or dismissal from class

*It is the expectation that the parent/guardian will review with their child and each sailor will understand/follow the guidelines of the QYC Sailing Code of Conduct.

Parent/Guardian signature (print, sign, and date)

Sailors signature (print, sign, and date)